

## COVID-19 In Home Service Requirements

The purpose of these requirements is to mitigate the risks associated with the transmission of COVID-19 and ensure the safety of our clients and staff. As an organization, we are required to follow OSHA and CDC guidelines for the prevention of COVID-19 and ensure safety of our employees and the people we serve. It is our decision that similar precautions taken at our center are implemented in the home environment. Families who desire to re-instate services are asked to cooperate and implement the following:

1. Create an area in the home for staff to deliver services: This area must be clean, vacuumed, and free of clutter. Please see pictures for references. This will allow for minimal contact between our staff a various item in your home to decrease transmission. We recommend wooden or plastic furniture for easier sanitation. (see pg. 3 for examples). Please submit a picture of the work area to [admin@buildingblocksbc.com](mailto:admin@buildingblocksbc.com)
2. Families are asked to purchase an enclosed storage container to place all materials used during session. We ask for the contents of the bin to remain there between sessions and the exchange of the contents to be limited to staff and client. (see pg. 3 for examples).
3. Disinfect the work are 15 minutes prior to session. This includes surfaces, handles, chairs, and materials. We ask that you use a disinfectant that is effective for COVID-19. If you have questions about disinfectants EPA approved, please visit their [website](#) or call us. If you need disinfectant, please contact us. (see pg. 4 for examples).
4. Always maintain staff's work area clean and free of clutter and sanitize all items and surfaces used after session.
5. To practice social distancing, we ask that you keep other family members away from staff during sessions, including siblings to minimize the contact with additional people. Please be mindful that our staff currently see multiple clients throughout their week.
6. Any self-care activities are to be performed by the parent or guardian. Additionally, client must practice hand washing after all self-care routines that occurred during the session. These include, but are not limited to eating, toileting, toothbrushing or additional self-care routines that involve bodily fluids.
7. We ask families to provide soap for staff to practice hand handwashing as needed during session.
8. Staff are being asked to self-monitor their temperature prior to reporting to work.
9. Parents are asked to take their child's temperature at the start of session. Child's temperature must be 100.4 or below for session to continue.
10. Staff will ask questions related to COVID-19 exposure prior to the start of session.
11. We ask families to have a computer, tablet, or other device available for the supervisor to be able to remotely view the session and provide supervision to staff.

As recommended by the CDC, please cancel session if anyone in your household is experiencing the following:

- Fever of 100.4 or more
- Cough
- Shortness of breath or difficulty breathing

- Chills
  - Repeated shaking with chills
  - Muscle pain
  - Headache
  - Sore throat
  - New loss of taste
- If your child has experienced two of the above symptoms within the last 24 hours, sessions will be canceled until symptoms have diminished and 7 days have passed since symptoms first appear.
  - If your child exhibits a fever of 100.4 or more, services can resume after 2 days of being fever free without the use of medicine.



### COVID-19 Health Screening questions

Has your child or anyone in the household been tested positive for COVID-19?

Has your child or anyone in the household been exposed to someone who has tested positive for COVID-19?

Is your child or anyone in the household currently displaying any symptoms related to COVID-19?

\*Questionnaire must be completed prior to EVERY session.

\*If the answer is “yes” to any of these questions, please contact the facility coordinator before entering the center.

If you have any questions, please contact us at 916-749-4646 or email us at [admin@buildingblockskbc.com](mailto:admin@buildingblockskbc.com)

Sincerely,



Mila Zea M.Ed., BCBA  
Executive Director  
Building Blocks Behavior Consultants, Inc.

### Work area examples



### Material Bins Examples



Disinfectants EPA approved

